

Do you suffer from anxiety, panic, phobia, obsessive thoughts, or compulsive behaviors?



**Get Relief Now!
Anxiety Therapy Group in
East Windsor**

**Laura B. Moss, MSW, LCSW
Psychotherapist**

**Find relief from your anxiety in a safe,
comfortable, and supportive group setting with
a holistic, meditation focused approach.**

Tuesdays at 12:00 noon beginning May 2, 2017

OR

Wednesdays at 6:00pm beginning May 3, 2017

**Contact: Laura B. Moss, MSW, LCSW
(732) 306-9198
Laura@FamilyFirstNJ.com
FamilyFirstNJ.com**

Laura B. Moss, MSW, LCSW has over 20 years of experience as a psychotherapist. With a Masters in Social Work/Group Therapy, she has achieved extraordinary results helping individuals with anxiety by employing a holistic approach with a meditation focus. Laura has a history of success leading therapy groups.

“Before I saw Laura, I had panic attacks a couple times a week, which could last for hours. After four sessions with Laura they stopped completely. I don’t feel anxious anymore. Thanks to Laura, my life has been transformed.” (36-year-old male)

Call for a FREE 20-minute phone consultation

